

# main menu



## small bites (3 FOR £11.00)

SPICY HUMMUS (v) PITTA BREAD	£4.00
HONEY & MUSTARD PORK SAUSAGES	£4.00
CORNISH ALE & LEMON SQUID LEMON & GARLIC AOILI	£4.00
RUSTIC BREADS (v) OLIVE OIL, BALSAMIC & ROASTED GARLIC	£4.00
MARINATED OLIVES (v)	£4.00
BBQ SPICED CHICKEN WINGS	£4.00
CORNISH ALE MINI FISH BITES TARTAR SAUCE	£4.00
DUCK SCOTCH EGG PICKLE	£4.00
GRILLED HALLOUMI (v) LIME & CORIANDER DIP	£4.00

## starters

CHEF'S SOUP OF THE DAY RUSTIC BREAD	£5.00
PRAWN COCKTAIL CHILLI MANGO SALSA, BABY GEM, CROSTINI	£7.00
HAM HOCK & CHICKEN TERRINE TOAST, PICKLED ONIONS, CHUTNEY	£6.00
BLUE CHEESE BABY BEETS (v) PECAN NUTS, RASPBERRIES, POMEGRANATE	£7.00
HERITAGE TOMATO (v) AVOCADO, MOZZARELLA, ROCKET, PESTO DRESSING	£7.00
CREAMY WHITE WINE MUSHROOMS (v) SOURDOUGH, WHITE TRUFFLE DRIZZLE, FRESH PARMESAN SHAVING	£6.00
RARE BEEF SALAD TOMATO & PEPPER SALSA, OLIVES, TRUFFLE AND MUSTARD DRESSING	£8.00



### ALLERGIES AND INTOLERANCES:

If you or any member of your party are affected by any food allergies or intolerances, please advise a member of our team. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. We use fresh sustainable fish which may contain small bones. All allergens correct at time of printing.

## mains

CORNFED CHICKEN SUPREME CONFIT BONBON, SPINACH, CASHEW NUTS, PEPPERS PUREE, FONDANT, CARAMELISED MANGO, JUS	£16.00
FREE RANGE SLOW ROASTED PORK BELLY APPLE PUREE, BALSAMIC GLAZED ONIONS, BACON CRUMBS, JUS	£16.00
RACK OF LAMB LAMB KOFTA, TAPENADE PUREE, COURGETTE MOUSSAKA, CONFIT TOMATO, GOATS CHEESE, BALSAMIC JUS	£22.00
VEGETARIAN TART (v) SPINACH, ASPARAGUS, SHALLOTS, BLUE CHEESE, VEGETABLE RIBBON SALAD, SAUTÉ GARLIC POTATOES	£13.00
HAKE FILLET HERBS CRUMB, PEPPERS, CHORIZO, BABY ONION, NEW POTATOES, SAMPHIRE, DILL & TARRAGON DRESSING	£16.00
SMOKED HADDOCK FISHCAKES PEAS, LEEK & DILL FISHCAKES, CAPERS MAYO, SUMMER SALAD, FRIES	£14.00

## from the grill

### steaks

SERVED WITH CORNISH ALE BATTERED ONION RINGS, SAUTÉ TOMATO & MUSHROOM AND A SIDE OF YOUR CHOICE.

GRASS FED 21 DAY DRY AGED 80z RUMP	£18.00
GRASS FED 21 DAY DRY AGED 100z RIB-EYE	£25.00
CAJUN SPICED CHICKEN FILLET	£13.00
100z GAMMON	£13.00
FREE RANGE 140z PORK TOMAHAWK	£18.00
SEARED BLACKENED TUNA STEAK	£16.00

### burgers

SERVED IN OUR SIGNATURE PRETZEL BUN WITH HOUSE FRIES & SPICY COLESLAW.

HERTFORDSHIRE 80z BEEF BURGER GRILLED MUSHROOM, SMOKED BACON, MELTED CHEDDAR, GHERKIN, CHILLI MAYO	£14.00
CAJUN MARINATED CHICKEN BURGER MELTED CHEDDAR, CHIVE SOURED CREAM	£13.00
GRILLED HALLOUMI (v) SPICY RATATOUILLE, CRISPY ONION RINGS, SAUTÉ FLAT MUSHROOM	£13.00

### grill sauces

PEPPERCORN	£2.00
BLUE CHEESE	£2.00
CHIMICHURRI	£2.00
RED WINE JUS	£2.00

## pizza, pasta, salad

PIZZA MARGARITA (v) RICH TOMATO SAUCE, MOZZARELLA, FRESH HERBS	£11.00
EXTRA TOPPINGS: CAJUN CHICKEN, SMOKED BACON, GOATS CHEESE, ROASTED MEDITERRANEAN VEGETABLES, CHORIZO, MUSHROOMS, RED ONION, GRILLED PEPPERS (£4.00 FOR 3 TOPPINGS)	
PAPPARDELLE BOLOGNESE BRITISH MINCED BEEF, RICH TOMATO & HERBS SAUCE, PARMESAN SHAVINGS	£13.00
ROASTED COURGETTE, PEPPERS & OLIVES PAPPARDELLE (v) PESTO SAUCE, PARMESAN CRISPS	£12.00
SUMMER SUPERFOOD SALAD (v) SPINACH, ROCKET, QUINOA, PECAN NUTS, TENDERSTEM BROCCOLI, MANGO, GARLIC CROUTONS	£12.00
HOUSE CAESAR SALAD HERB CROUTONS, CHERRY TOMATO, ANCHOVIES, PARMESAN SHAVINGS, HARD BOILED DUCK EGG	£12.00
WHY NOT ADD: 70Z TUNA STEAK OR A CHICKEN FILLET £4.00	

## our classics

GARLIC & PARSLEY CHICKEN KIEV SUMMER SALAD, SKINNY FRIES	£13.00
LAMB LIVER & BACON BUBBLE & SQUEAK, GREEN BEANS, PEAS	£12.00
CORNISH ALE BATTERED HADDOCK HANDCUT CHIPS, TARTAR SAUCE, MUSHY PEAS	£14.00
CHEFS PIE OF THE DAY CREAMY MASH POTATO OR HANDCUT CHIPS, SAUTÉ VEGETABLES	£13.00

## sides

SHOESTRING FRIES	£3.50
HANDCUT CHIPS	£3.50
CREAMY SPINACH & PEAS	£3.50
SUMMER SALAD	£3.50
BEER BATTERED ONION RINGS	£3.50
ROCKET PARMESAN SALAD, BALSAMIC DRESSING	£3.50
TRUFFLE MASH POTATO	£3.50

