

# lunch menu



## small bites (3 FOR £11.00)

SPICY HUMMUS (v) PITTA BREAD	£4.00
HONEY & MUSTARD PORK SAUSAGES	£4.00
CORNISH ALE & LEMON SQUID LEMON & GARLIC AOILI	£4.00
RUSTIC BREADS (v) OLIVE OIL, BALSAMIC & ROASTED GARLIC	£4.00
MARINATED OLIVES (v)	£4.00
BBQ SPICED CHICKEN WINGS	£4.00
CORNISH ALE MINI FISH BITES TARTAR SAUCE	£4.00
DUCK SCOTCH EGG PICKLE	£4.00
GRILLED HALLOUMI (v) LIME & CORIANDER DIP	£4.00

## starters

CHEF'S SOUP OF THE DAY RUSTIC BREAD	£5.00
PRAWN COCKTAIL CHILLI MANGO SALSA, BABY GEM, CROSTINI	£7.00
HAM HOCK & CHICKEN TERRINE TOAST, PICKLED ONIONS, CHUTNEY	£6.00
HERITAGE TOMATO (v) AVOCADO, MOZZARELLA, ROCKET, PESTO DRESSING	£7.00

## mains

FREE RANGE SLOW ROASTED PORK BELLY APPLE PUREE, BALSAMIC GLAZED ONIONS, BACON CRUMBS, JUS	£16.00
VEGETARIAN TART (v) SPINACH, ASPARAGUS, SHALLOTS, BLUE CHEESE, VEGETABLE RIBBON SALAD, SAUTÉ GARLIC POTATOES	£13.00
HAKE FILLET HERBS CRUMB, PEPPERS, CHORIZO, BABY ONION, NEW POTATOES, SAMPHIRE, DILL & TARRAGON DRESSING	£16.00
SMOKED HADDOCK FISH CAKES PEAS, LEEK & DILL FISH CAKE, CAPERS MAYO, SUMMER SALAD, FRIES	£14.00



### ALLERGIES AND INTOLERANCES:

If you or any member of your party are affected by any food allergies or intolerances, please advise a member of our team. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. We use fresh sustainable fish which may contain small bones. All allergens correct at time of printing.

## from the grill

### steaks

SERVED WITH CORNISH ALE BATTERED ONION RINGS, SAUTÉ TOMATO & MUSHROOM AND A SIDE OF YOUR CHOICE.

GRASS FED 21 DAY DRY AGED 80Z RUMP	£18.00
CAJUN SPICED CHICKEN FILLET	£13.00
100Z GAMMON	£13.00
FREE RANGE 140Z PORK TOMAHAWK	£18.00
SEARED BLACKENED TUNA STEAK	£16.00

### burgers

SERVED IN OUR SIGNATURE PRETZEL BUN WITH HOUSE FRIES, ONION RINGS & SPICY COLESLAW.

HERTFORDSHIRE 80Z BEEF BURGER GRILLED MUSHROOM, SMOKED BACON, MELTED CHEDDAR, GHERKIN, CHILLI MAYO	£14.00
CAJUN MARINATED CHICKEN BURGER MELTED CHEDDAR, CHIVE SOURED CREAM	£13.00
GRILLED HALLOUMI (v) SPICY RATATOUILLE, CRISPY ONION RINGS, SAUTÉ FLAT MUSHROOM	£13.00

### grill sauces

PEPPERCORN	£2.00
BLUE CHEESE	£2.00
CHIMICHURRI	£2.00
RED WINE JUS	£2.00

## pizza, pasta, salad

PIZZA MARGARITA (v) RICH TOMATO SAUCE, MOZZARELLA, FRESH HERBS	£11.00
EXTRA TOPPINGS: CAJUN CHICKEN, SMOKED BACON, GOATS CHEESE, ROASTED MEDITERRANEAN VEGETABLES, CHORIZO, MUSHROOMS, RED ONION, GRILLED PEPPERS (£4.00 FOR 3 TOPPINGS)	
PAPPARDELLE BOLOGNESE BRITISH MINCED BEEF, RICH TOMATO & HERBS SAUCE, PARMESAN SHAVINGS	£13.00
ROASTED COURGETTE, PEPPERS & OLIVES PAPPARDELLE (v) PESTO SAUCE, PARMESAN CRISPS	£12.00
SUMMER SUPERFOOD SALAD (v) SPINACH, ROCKET, QUINOA, PECAN NUTS, TENDERSTEM BROCCOLI, MANGO, GARLIC CROUTONS	£12.00
HOUSE CAESAR SALAD HERB CROUTONS, CHERRY TOMATO, ANCHOVIES, PARMESAN SHAVINGS, HARD BOILED DUCK EGG	£12.00
<b>WHY NOT ADD: 70Z TUNA STEAK OR A CHICKEN FILLET £4.00</b>	

## our classics

GARLIC & PARSLEY CHICKEN KIEV SUMMER SALAD, SKINNY FRIES	£13.00
LAMB LIVER & BACON BUBBLE & SQUEAK, GREEN BEANS, PEAS	£12.00
CORNISH ALE BATTERED HADDOCK HANDCUT CHIPS, TARTAR SAUCE, MUSHY PEAS	£14.00
CHEFS PIE OF THE DAY CREAMY MASH POTATO OR HANDCUT CHIPS, SAUTÉ VEGETABLES	£13.00

## sides

SHOESTRING FRIES	£3.50
HANDCUT CHIPS	£3.50
CREAMY SPINACH & PEAS	£3.50
SUMMER SALAD	£3.50
BEER BATTERED ONION RINGS	£3.50
ROCKET PARMESAN SALAD, BALSAMIC DRESSING	£3.50
TRUFFLE MASH POTATO	£3.50

## sandwiches

### hot

SERVED IN A CIABATTA WITH FRIES,  
PETIT SALAD, SPICY COLESLAW.

PEPPERED STEAK RED ONION MARMALADE	£9.00
GOATS CHEESE ROASTED PEPPERS, AVOCADO	£7.00
GRILLED CHICKEN BACON, TOMATO, HOMEMADE CHUTNEY	£8.00
FISH & CHIPS SANDWICH	£8.00
BBQ PULLED PORK MELTED CHEDDAR	£8.00

### cold

SERVED IN A CIABATTA OR  
BLOOMER BREAD WITH FRIES,  
PETIT SALAD, SPICY COLESLAW.

SMOKED SALMON & LEMON LEMON CREAM CHEESE	£7.00
MATURE CHEDDAR HOMEMADE PICKLES	£6.00
ROASTED BRITISH BEEF HORSERADDISH CRÈME FRAICHE	£6.00
TUNA & RED ONION	£7.00